

# LEADERSHIP:

## Theory, Application, Skill Development

2d Edition  
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# Chapter 7

## Dyadic Relationships, Followership, and Delegation

# Chapter 7

## Learning Outcomes

- 4 Stages of development / dyadic approach.
- Vertical linkage model relationships.
- Team building view / dyadic approach.
- Systems and networks view / dyadic approach.
- LMX-7.
- Cycle leading to Pygmalion effect.
- 3 Follower influencing characteristics.
- 5 Things a leader should delegate.



# What is a dyadic leader relationship?

# Dyadic

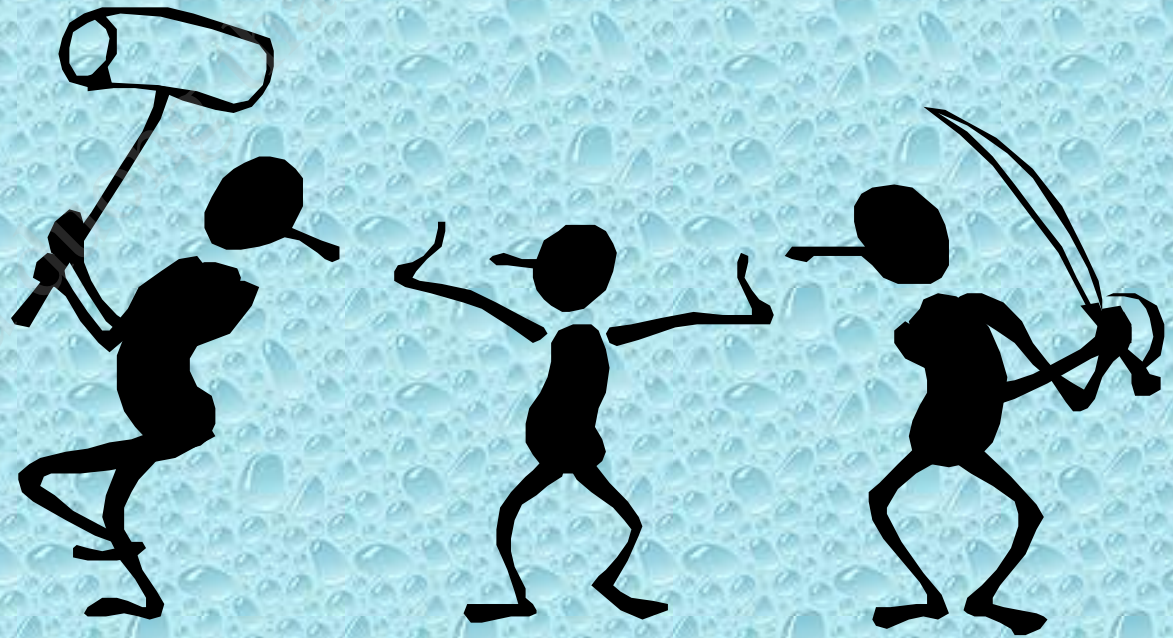
The relationship between a leader and each follower in a work unit.



# What is the purpose of Dyadic Theory?

# Dyadic Theory

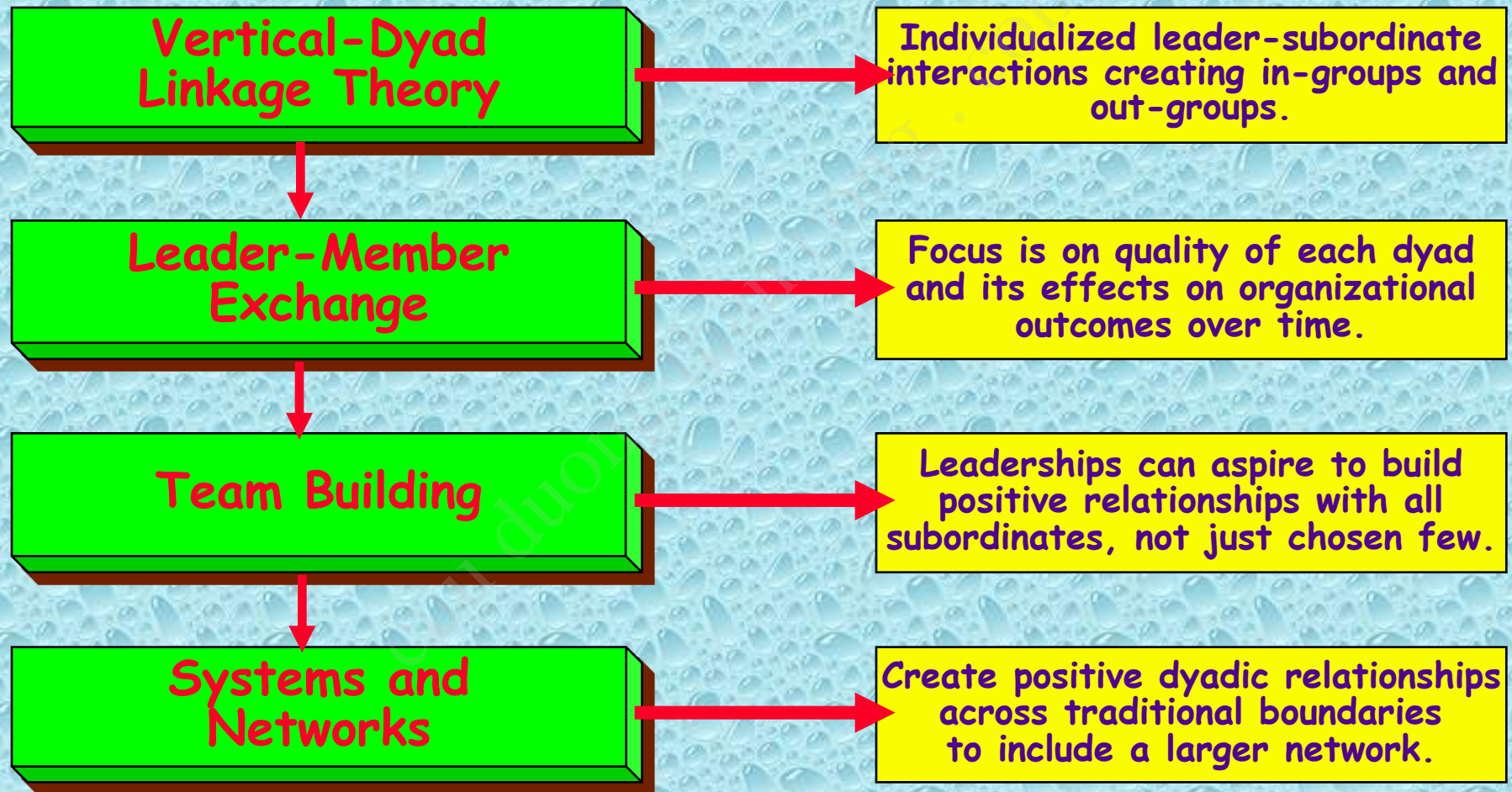
Explains why leaders vary their behavior with different followers.





# Dyadic Approach:

## Stages of Development





# Dyadic Theory Trends

- Size expands from 1-on-1 to a network between leader and followers, over time
- Quality of each dyad affects performance
- Quality of expanded relationships enhances organizational performance

# Vertical Dyad Linkage (VDL) Theory

Attempts to understand how leaders create in-groups and out-groups

- In-group ... those subordinates with strong social ties to their leader in a people-oriented style.

- Out-group...those subordinates with little or no social ties to their leader, strictly task-oriented relationship.

# What are the Characteristics of In Groups?





# In Groups

- People-oriented relationship
- High mutual trust
- High exchange
- Two-way loyalty
- Mutual influence
- Special favors from leader

# What are the Characteristics of Out Groups?

# Out Groups

- Task-oriented relationship
- Low exchange
- Lack of trust
- Not much loyalty
- Little or no mutual influence



**Why should a leader  
bother to try to  
establish effective  
dyadic relationship with  
Out Groups?**

# Dyadic Theory Team Building

- Effective leaders should aspire to establish relationships with all members, not just a few special individuals.
- Out Groups are significantly less productive.



# How do Dyadic Leader-Follower Relationships Develop over Time?



# LMX Life Cycle Model

- Stage 1: Leader & follower conduct themselves as strangers
  - Testing acceptable behavior
  - Negotiating the relationships
  - Involves:
    - Impression Management
    - Ingratiation

# What is Impression Management?

# Impressions Management

- A follower's effort to project a favorable image in order to gain an immediate benefit or improve long-term relationships with the leader
- A leader's attempt to project a sense to the followers that he/she is confident and competent



# And, What is Ingratiation?

# Ingratiation

- The follower's effort to appear supportive, appreciative, and respectful
- The leader's effort to appear as one of the “good guys” to work for
- *Let's look at the next stage in the LMX Life Cycle Model*

# LMX Life Cycle Model

- Stage 2: Leader & follower become acquainted
  - Further refine their roles
  - Mutual trust, loyalty, & respect develop
  - Relationships that do not move beyond Stage 1 tend to deteriorate



# LMX Life Cycle Model

- Stage 3: Roles reach maturity
  - Mutual commitment to organization
  - In-group / Out-group level

# Dyadic Approach Systems & Network View

Leader relationships are not limited to employees, but include peers, customers, suppliers, and other relevant stakeholders in the broader community.

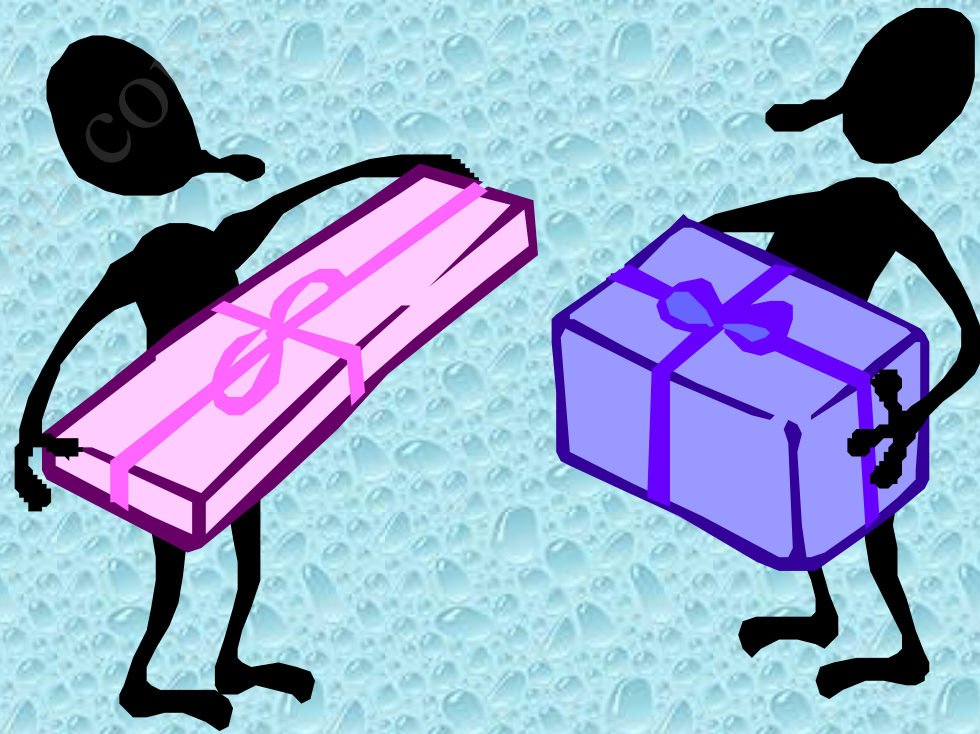


# What are the characteristics of High Quality LMX Relationships?



# High Quality LMX Relationships

Characterized by greater levels of loyalty, commitment, respect, affection, mutual trust, and possibly mutual liking between leaders and members



# LMX Scale

- Attempts to understand the quality of each dyadic relationship & its effects on organizational outcomes over time
- Is the most commonly used instrument for defining and measuring the quality of relationships

High Quality

Low Quality

10.....20.....30.....40.....50

**What must exist for  
high quality LMX to  
develop?**



# High-Quality LMX Relationships

- What must exist for high quality LMX to develop?
  - Followers' attitudes
  - Situational factors
  - Leader perceptions and behaviors

**When is a favorable  
LMX relationship likely  
to exist?**

# Studies show that a favorable LMX relationship is more likely to exist if:

- The subordinate is perceived to be competent & dependable
- If the follower's attitudes are similar to the leader's
- A little self promotion never hurts
  - Effort to appear competent and dependable



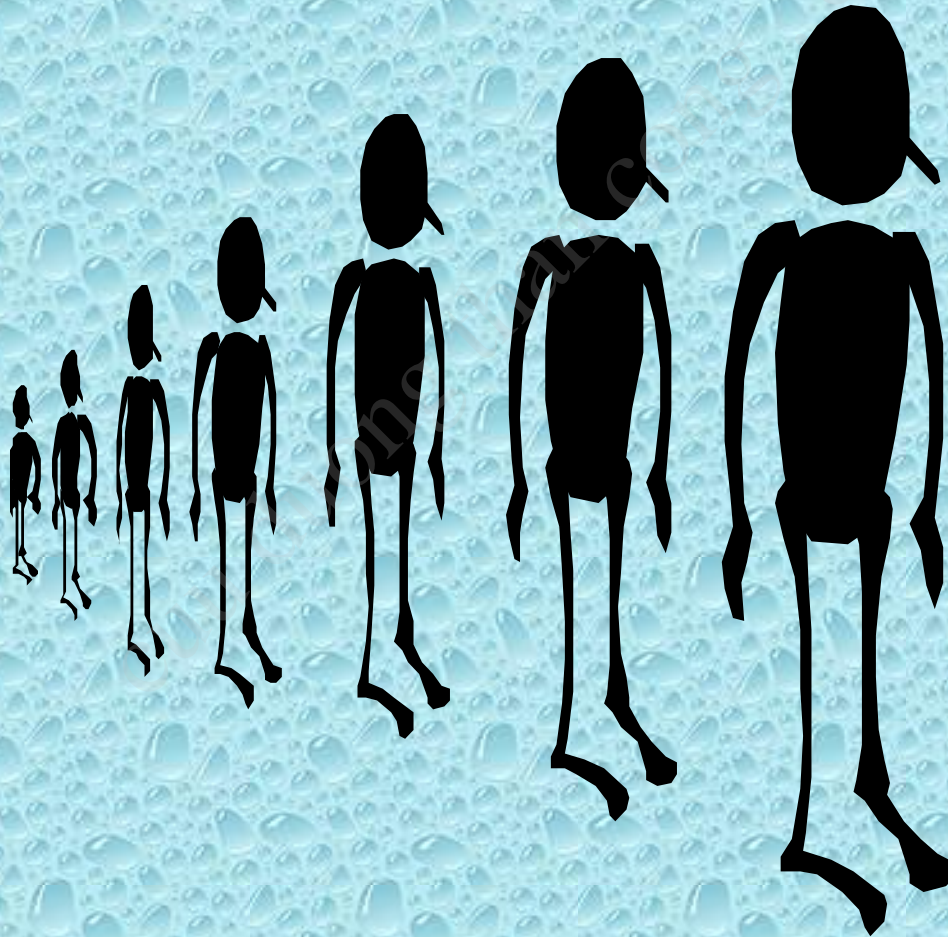
# How can the Pygmalion Effect be used to effect leaders?

# Pygmalion Effect

Occurs when selected subordinates demonstrate loyalty, commitment, dedication, and trust and, as a result, win the liking of superiors who subsequently give them higher performance ratings.



# What is Follower?

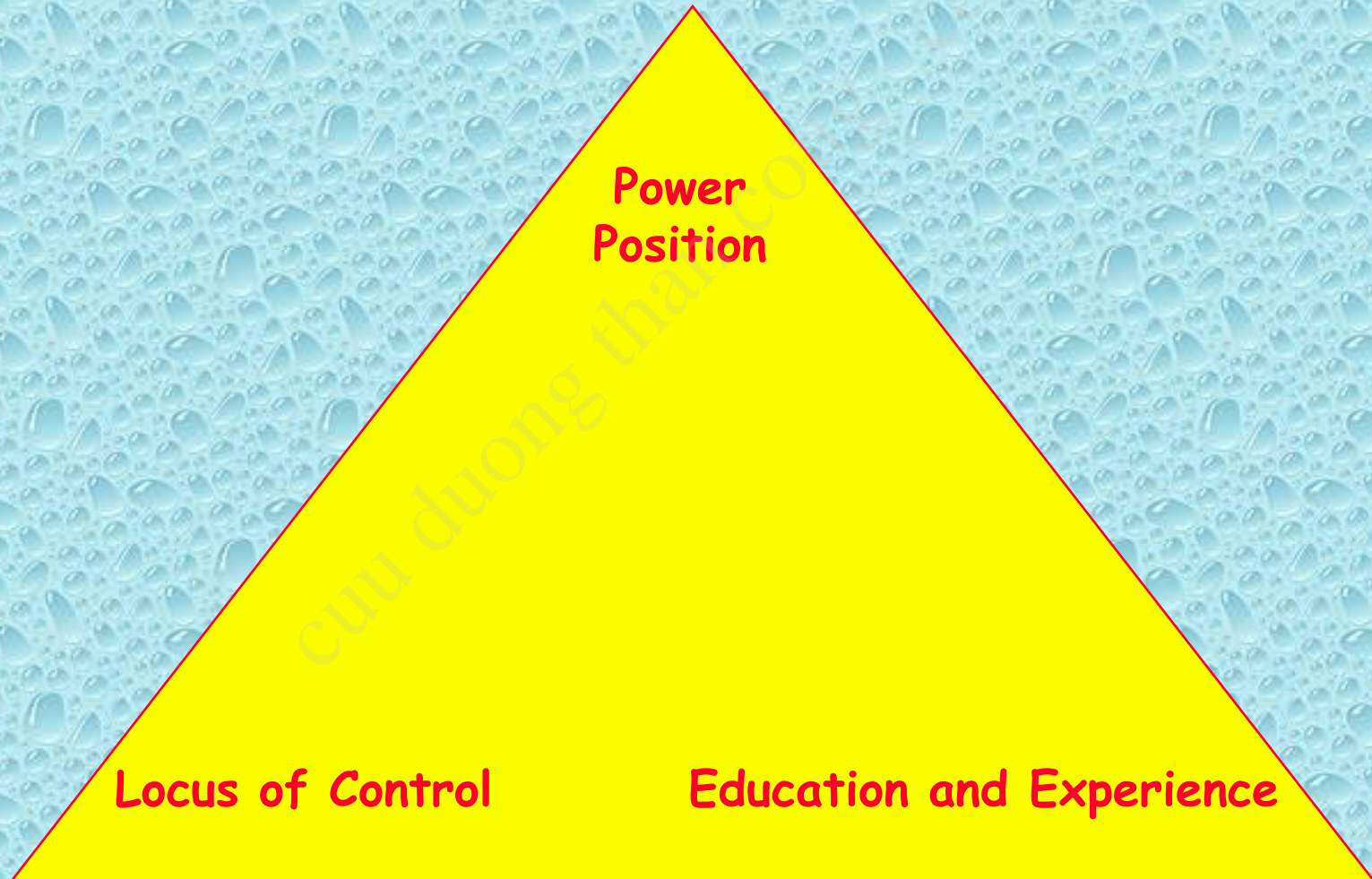




# What is Follower?

- A person being influenced by a leader
- There are no leaders without followers
- Many characteristics of good leadership are found in highly effective followers

# Follower Key Influencing Characteristics



# What are the Factors that Impact Follower Power Position?

- Personal Factors?
- Position Factors?



# **Follower Power Position**

- **Personal sources:**

- Knowledge
- Expertise
- Effort
- Persuasion

- **Position sources:**

- Information
- Budget
- Location
- Access

# What is the Purpose of Feedback to Followers?

# What is the Purpose of Feedback to Followers?

- Improved performance
- Follower career development
- Dyadic Relationship development



# How is Feedback Best Given in the Early Stages of the Relationship?

# How is Feedback Best Given?

- Early Stages of Dyad
  - Provide prompt feedback
  - Have accurate facts on performance problem
  - Avoid a rush to judgment
  - Be specific in stating deficiency
  - Explain negative impact of ineffective behavior
  - Deal with behavior, not personalities
  - Stay calm & professional

# How is Feedback Best Given in the Later Stages of the Relationship?



# How is Feedback Best Given

- Later Stages of Dyad
  - Help follower identify reasons for poor performance
  - Ask follower to suggest remedies
  - Arrive at agreement on specific action
  - Show desire to be of help
  - Build follower's self confidence
  - Deal with behavior, not personalities



# How do You Describe an Effective Follower?

# Effective Followers

- Described as courageous, responsible, and proactive
- Found to be active in the two followership characteristics
  - Independent, critical thinking
  - Behavior to include:
    - Decision Making
    - Problem Solving



# Styles of Followership

## *Alienated followers:*

- Passive behavior but independent, critical thinkers
  - Capable but unwilling to take part in problem solving & decision making

# Styles of Followership

## *Conformist followers:*

- Not active in critical, independent thinking but are active participants
  - “Yes” people
  - Order followers
  - Avoid conflict

# Styles of Followership

## *Passive followers:*

- Not active in either critical, independent thinking or participation
  - Leader is expected to do all the thinking
  - Require constant supervision
  - Never do more than jobs call for



# Styles of Followership

## *Effective followers:*

- Are critical, independent thinkers and active in the group
  - Committed, innovative, creative, hard working
  - Take risks and do not avoid conflict
  - Best interest of the organization

# Styles of Followership

## *Pragmatic followers:*

- A mixture of the other four styles
  - Change as the situation changes
  - Know how to work the system
  - Often seen as political

# How to be an Effective Follower

- Offer support
- Take initiative
- Coach & counsel the leader
- Raise issues & concerns
- Seek honest feedback
- Clarify your role & expectations
- Show appreciation
- Keep the leader informed
- Resist influencing the leader inappropriately



# Delegation

The process of assigning to a subordinate the responsibility and authority for accomplishing objectives



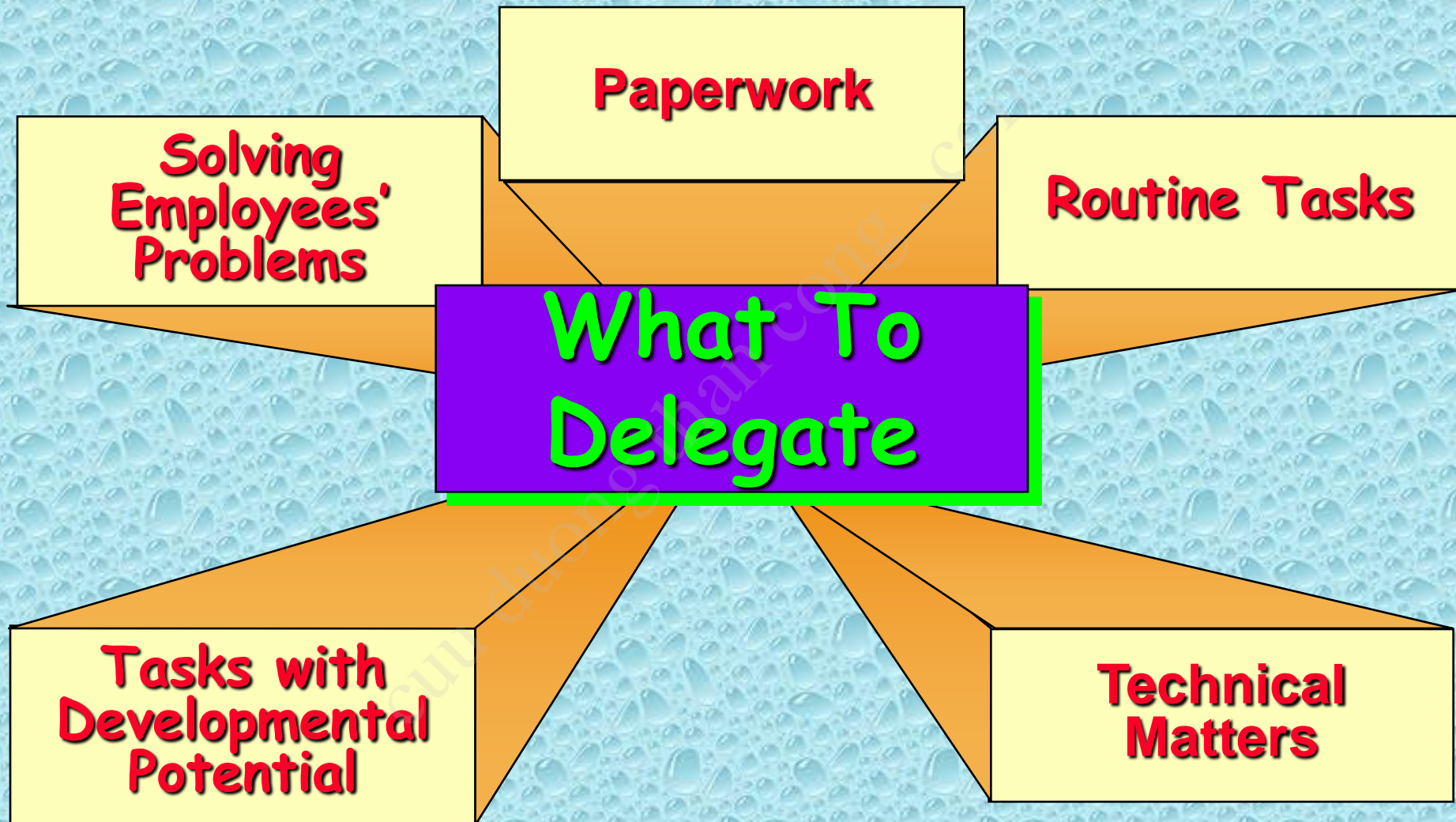
# Why Delegate?

- To have more time for higher-priority tasks
- To increase productivity
- To train & develop subordinates
- To reduce manager stress

# Obstacle to Delegation

- Managers who want to do it all themselves
  - Habit
  - Fear
    - That subordinate will fail
    - That your leader expects you to do it





# How to Delegate

- Explain the need & why the employee has been selected
- Set objectives to include deadline & level of authority
- Develop a plan
- Establish control checkpoints
- Hold employees accountable
- Commit it all to writing

# Discussion Question 1

What are the differences between in-groups and out-groups?





# Discussion Question 2

How do quality leader-member exchange relationships influence follower behavior?

# Discussion Question 3

How does a leader's first impression and perception of a follower influence the quality of their relationship?



# Discussion Question 4

What are the  
three stages  
of the “life  
cycle model”  
of LMX  
theory?

1.?

2.?

3.?



# Discussion Question 5

How can a follower's perception or attribution of a leader influence their relationship?

# Discussion Question 6

- What is the presence of bias in the LMX relationship?
- What is its potential impact on out-group and in-group members of the organization?

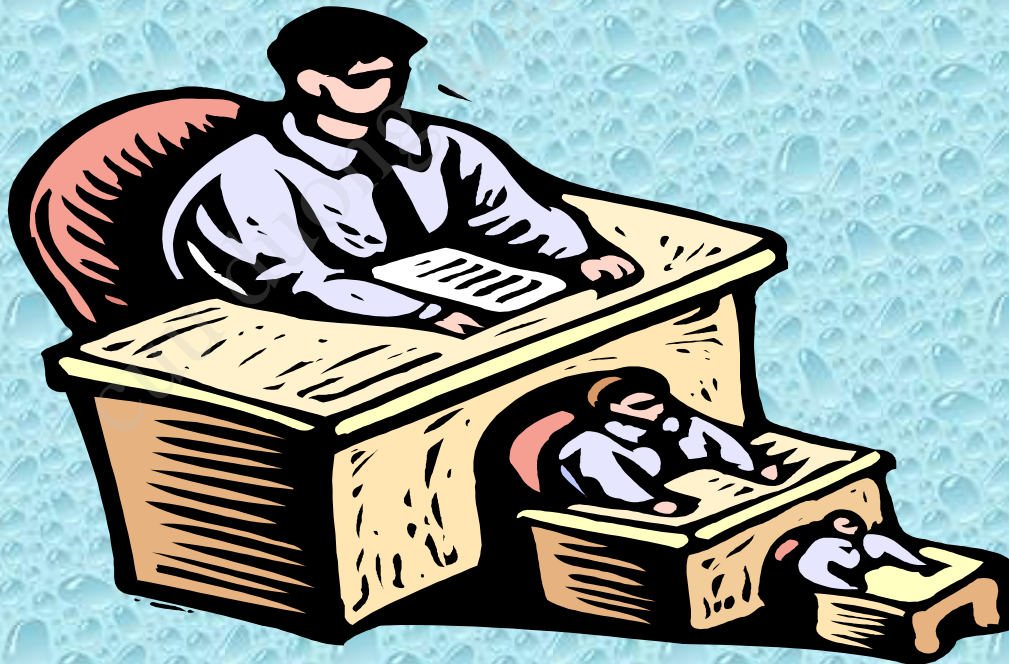
# Discussion Question 7

How do education and experience, described as follower influencing characteristics, affect effective followership?



# Discussion Question 8

What are some of the benefits of delegating?



# Discussion Question 9

What are  
some things  
that a  
leader should  
not  
delegate?

